

Physiotherapy Assistant Job Description

Reporting to Physiotherapist

Department UK Services

Purpose of the job

To assist the Physiotherapist in delivering physiotherapy to customers.

Key responsibilities

- To assist the Physiotherapist in the care of the customers.
- Ensure the individual customers are treated with respect and given opportunities to develop their potential.
- Carry out designated procedures following specific training by the Physiotherapist, for example, safe moving, handling and transfer techniques and assisting with risk assessments.
- Assist customers in manoeuvres between chair and physiotherapeutic equipment.
- Carry out passive exercises with customers as instructed by the Physiotherapist.
- Assist customers in using standing frames and tilt tables ensuring customers are safely secured to devices.
- Help in the promotion of physical activity of customers, utilising exercises prescribed by the Physiotherapist which the customer may be able to perform to maximise their remaining mobility and ability.
- Contribute to the assessment, evaluation, recording and review of each customer's support needs in their person-centred plan (PCP) and progress under the direction of the Physiotherapist.
- Support and facilitate customer communication with their relatives, friends, professionals and other members of staff, in order to ensure the continuity of quality and safety in the provision of support.
- Where hydrotherapy pools are used:
 - Maintain cleanliness of poolside and changing room areas.

- Check equipment for cleanliness and damage, order replacements as necessary.
 - Set up poolside for relevant groups.
 - Assist customers' entry into and exit from the pool including showering and application of buoyancy aids as required.
- Flexible in working hours and the needs of the customers.
 - Comply with all Health and Safety policies and procedures.
 - Comply with LC and any local safeguarding and mental capacity act (MCA) policies and procedures.
 - Work within the regulatory compliance requirements applicable at the respective service.
 - Maintain an awareness of individual customer risk assessments relating to specific support needs, for example, dysphagia, mobility and safety.
 - Participate in supervision, staff meetings and training activities (including updates) as required, sometimes off-site and outside of normal hours.
 - To be responsible for maintaining and improving own knowledge and skills through experience and training.
 - Undertake additional responsibilities as requested by the Service Manager following the successful completion of specific training and personal skills development.
 - Undertake any other reasonable duties requested.

Person specification

Essential requirements

- A level of professional development and registration as indicated by purchaser, regulator or LC (this may include level 2 in Health and Social Care), dependant on location.
- Prior experience of providing personal care would be advantageous.
- Willingness to work flexibly in accordance with the needs of the service.
- To have a genuine commitment to the values and ethos of Leonard Cheshire.

Key competencies and skills

- Good interpersonal skills, able to communicate effectively with a wide range of people.
- To be able to work on own as well as part of a team.
- To be able to establish and maintain professional working relationships.

- Able to work under pressure and apply consistent approaches.
- To be able to work flexibly and creatively with customers and their families.
- To be discreet and able to maintain confidentiality.
- To have good basic levels of reading and writing in English.
- To be able to maintain accurate records.
- Basic IT skills.

Our values at Leonard Cheshire

Positive warm and empathetic, we always look to progress and improve.

Proud strong-willed and spirited, we are firm in our beliefs.

Pioneering confident and imaginative, we are creative change makers.

Leonard Cheshire welcomes applications from all sections of the community. We actively encourage applications from people with a disability, supporting where possible, your requirements for reasonable adjustments.

